In an effort to prevent childhood deaths and injuries, Insurance Commissioner Mike Causey and the Safe Kids NC team hosted a Child Passenger Safety Seat take-back event on Ocracoke Island, Saturday, December 14, 2019. The goal was to distribute 60 CPS seats and 40 bike helmets. Additionally, Commissioner Causey asked NCDOI employees to donate boxes of toys, gloves, coats and bicycles for the children affected by Hurricane Dorian.

“This event is a win-win,” said Commissioner Causey. “Not only are we providing parents and caregivers the resources and education they need to keep their children safe in the car, but we're also providing toys and clothing for children who wouldn't otherwise be able to have a good Christmas because they're still reeling from the effects of the hurricane.”
The NCDOI-OSFM Smoke Alarm Canvassing Grant website will be open January 1 – 30, 2020 for fire departments that need smoke alarms to distribute in their communities. Departments that received a Smoke Alarm Canvassing Grant in 2019 do not need to reapply but should reorder alarms to continue the grant. This is a competitive grant process and early applications are encouraged. To apply, click [HERE](https://www.ncdoi.com/OSFM/Injury_Prevention) or go to: www.ncdoi.com/OSFM/Injury_Prevention and click on Smoke Alarms.

### NC FIRE DEPARTMENTS: DO YOU NEED SMOKE ALARMS?

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### IT’S GAME TIME

With Superbowl LIV scheduled for Sunday Feb. 2, now is the time to make sure your TVs are secure. In a recent Consumer Product Safety Commission study on tip-overs, falling furniture and falling TVs send a child in the US to the emergency room every 30 minutes. Even more sadly, a child dies every 12 days from this preventable accident. Use these Safe Kids NC tips to keep your family safe from tip-overs:

- Check the stability of each TV in your home and if not stable, anchor them;
- Mount flat screen TVs to the wall and always follow the manufacturer’s instructions;
- Anchor furniture, such as dressers and entertainment centers to the wall; and
- Avoid placing remote controls, food or toys where kids may be tempted to climb up to reach for them.

### DON’T SLIP AND FALL

For some people, winter storms are their favorite event of the year. While winter storms can be beautiful, falls due to snow and ice can be dangerous. In 2017, falls were the 3rd leading cause of death’s among all age groups in N.C. and first in people over the age of 65. While not all falls are caused by snow or ice, this time of year poses a high risk for this deadly injury. These 4 tips can help our older adults enjoy the winter without injury:

1. Keep paths clear by de-icing with salt or shoveling walkways.
2. Wear proper shoes with rubber bottoms or deep groves to help grip the ground.
3. Take your time. Colder weather tends to make us rush which can lead to a fall.
4. Offer support or extra guidance to help with balance.

### According to unboxsocial.com these are the best times to post to social media...

- **FACEBOOK**: 12–2 PM on weekdays. Before 9 AM and after 8 PM on weekends.
- **INSTAGRAM**: 2–4 PM, 6–8 PM, and after 12 AM on weekdays. Before 9 AM and after 8 PM on weekends.
- **YOUTUBE**: 2–4 PM Monday, Tuesday and Wednesday. 1–3 PM Thursday and Friday. 9–11 AM on weekends.
- **TWITTER**: 12–3 PM Friday. 5-6 PM every other day.
Community Risk Reduction (CRR) is a data-driven process to identify and prioritize local risks, and provide resources to reduce risk occurrence and impact using the 5 E’s: Education, Enforcement, Engineering, Economic Incentive and Emergency Response. The first CRR week is a grass-roots effort to promote the concepts of CRR. National CRR Week 2020 kicks off on Monday, January 20 and runs through Sunday, January 26. Tune in to our Facebook page, as we highlight one of the 5 E’s that makes CRR a success in communities. Our Facebook CRR series begins January 27.

**FIRST COMMUNITY RISK REDUCTION WEEK**

**CPS TECHNICIAN CERTIFICATION CLASSES**

**New child passenger safety technicians in Clinton, NC**

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>FEBRUARY 24 – 27</td>
<td>Morrisville</td>
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<tr>
<td>MARCH 23 – 26</td>
<td>Lincolnton</td>
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<tr>
<td>MARCH 24 – 27</td>
<td>Elkin</td>
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<tr>
<td>MARCH 30 – APRIL 2</td>
<td>Apex</td>
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<tr>
<td>APRIL 6 – 9</td>
<td>Indian Trail</td>
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<td>MAY 11 – 14</td>
<td>Wilson</td>
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<td>MAY 11 – 14</td>
<td>Morehead City</td>
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<tr>
<td>May 26 – 29</td>
<td>Wilmington</td>
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For more information on how to register for a class, visit [buckleupnc.org](http://buckleupnc.org)

**IMPORTANT DATES AND DEADLINES**

**JANUARY 15**
Deadline for Safe Kids NC Quarterly Report

**JANUARY 30**
Deadline to submit Smoke Alarm Canvassing Grant

**UPCOMING CONFERENCES**

**JANUARY 28 – FEBRUARY 2**
NCAFC Mid-Winter Chief’s Conference

**FEBRUARY 12 – 14**
Fire & Life Safety Educators Conference

**MAY 19 – 21**
Safe Kids NC Conference

**SCHEDULED RISK AREAS**

**FEBRUARY 2020**
National Burn Awareness Week

**MARCH 2020**
Smoke Alarms | Change Your Clock, Change Your Batteries

Operation Medicine Drop and National Poison Prevention Week

Hot Cars | Heat Stroke

**Safe Kids NC Chatham/Orange County end-of-year appreciation lunch.**