



NORTH CAROLINA HIGH ANGLE RESCUE SCHOOL

STUDENT INFORMATION & CHECKLIST

Spring – Units 1 & 3 March 26-28, 2021 at Stone Mountain

Complete registration packet can be downloaded at

<https://www.ncosfm.gov/fire-rescue/training-certification/training-programs#high-angle-rescue-school>

Friday March 26, 2021

12:30pm – 1:30 pm Registration and ropes and knots evaluation
(Students bring body cord and untied Prussik)
Clingman Community Center
3371 Clingman Rd
Ronda NC 28670

1:30 pm – 7:00 pm Ground School

Saturday March 27, 2021

7:15 am Assemble at Upper Parking Lot (await shuttle)
8:00 am Orientation
8:15 am Classes
12:00 pm Lunch on the Rock
1:00 pm Classes
5:00 pm Breakdown

Sunday March 28, 2021

7:15 am Assemble at Upper Parking Lot (await shuttle)
7:45 am Devotion
8:00 am Classes
12:00 pm Lunch on the Rock
1:00 pm Classes
5:00 pm Breakdown

NOTE: Level I Students will be given a Knots test immediately after registering. Students who do not successfully pass the knots test will be assigned to a remedial ropes, knots, basket work and mechanical advantages class for the weekend. Level 3 see the statement below

ROPE AND KNOTS EVALUATION All levels will be evaluated

The practical rope and knots evaluation will consist of the following knots:

- Bight
- Loop
- Round Turn
- Half Hitch
- Overhand Knot
- Square Knot
- Bowline
- Clove Hitch
(open, closed and split locking)
- Figure 8
- Figure 8 Loop
- Double Loop Figure 8
- Directional 8
- Figure 8 Follow Through
- Figure 8 Bend
- Water Knot
- Butterfly Knot
- Double Fisherman's Knot
- Prussik Knot

Demonstrations of these knots can be found at

<https://apps.ncdoi.net/?p=301:101>

Students will have a time limit of 30 seconds to complete each knot. Students who do not successfully complete the ropes and knots evaluation will be assigned to a remedial class for the weekend.

LEVEL 3 STUDENTS WILL (WITH A PARTNER) DRAW A CARD FOR EITHER A VERTICAL OR HORIZONTAL BASKET AND HAVE A 10 MIN TIME FRAME TO COMPLETE THE SKILL IN ORDER TO BE ADMITTED INTO THE LEVEL.

Equipment Checklist

Chief Officers: Please make sure all members applying for the school have the below equipment

All classes will be outside, hands-on exercises; therefore, students should be prepared for any type of weather conditions.

- NFPA approve Rescue Helmet w/ chin strap
- Leather palm gloves
- Boots suitable for climbing
- Sufficient clothing (for all weather)
- 25' ½" life safety rope
- Day pack w/ water bottle
- (5) 8mm Prussik slings Minimum 53" and 65" pre-tied lengths
- NFPA approved class II or III harness
- 20' – 25' piece of 1" webbing
- NFPA descending device
- (5) Locking carabiners
- Knife (all purpose)
- Lunch for Saturday and Sunday

Lunch will be during the group evolutions and not at the barn as in years past so be prepared.

CHIEF OFFICERS: PLEASE MAKE SURE ALL MEMBERS APPLYING FOR THE SCHOOL HAVE THE ABOVE EQUIPMENT! THE SCHOOL WILL NOT BE ABLE TO PROVIDE EQUIPMENT FOR STUDENTS.

For more information call NCAREMS at 1-800-262-7559

For emergencies during class hours call Stone Mountain State Park at 336-957-8185